



The Hypnotic Centre  
Clinical Hypnotherapists  
PO Box 2140, Sunbury Vic 3429  
Tel: 1300 116 117  
[www.stopsmoking.com.au](http://www.stopsmoking.com.au)



**STOP SMOKING**  
**The Winkler Hypnotic Method**

### **When will the Stop Smoking Sessions Be Held?**

Stop Smoking sessions will be held in Shepparton on **Friday 5<sup>th</sup>, Saturday 6<sup>th</sup>, Friday 19<sup>th</sup> and Saturday 20<sup>th</sup> April and Friday 3<sup>rd</sup> and Saturday 4<sup>th</sup> May 2024.**

The sessions are one on one session's and **are held strictly by appointment only.**

### **Do I need to book?**

Yes, bookings are essential. Places are limited, so please be sure to book your appointment by calling **1300 116 117**. If the answering machine is on, please leave your name and telephone number, and we will return your call as soon as we can.

### **How much does it cost for the Hypnotic Session?**

The cost for the one on one session is \$400. **A deposit of \$100 is required at the time the booking is made.** The balance is payable when you arrive for your session. You can pay your deposit by credit card over the phone or by direct deposit. Please call for direct deposit the details.

If you have private health insurance, please check with your health fund as you may be entitled to a rebate. Although hypnotherapy is a very effective method to help you stop smoking, when it comes to human behaviour, we are unable to offer any guarantees.

### **Do I need to bring anything with me?**

Yes, you will need to bring all of your cigarettes, lighters, and a bottle of water.

### **Where do I go for my session?**

The sessions are being held at

**Quest Apartments**  
**177-183 Welsford St**  
**Shepparton**

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